

Urban Ministry Center and Men's Shelter of Charlotte is now



SABER TREATMENT PROGRAM of ROOF ABOVE

with support from Mecklenburg County ABC BOARD and Centro Bono Foundation

DATA SINCE 7/17/06 INCEPTION OF SABER PROGRAM

Ronica Foster, MA, Clinical Director, LCAS, LCMHC, CSI / Marilyn Furman, PsyD, Part-time Licensed Psychologist, MAC, CCS
 Robert Sundin, MPH, Toxicology-Job Training Director / Damion Bethea, BS, CADC, Counselor-Toxicology Assistant / Jessica Kawamoto, MA, LCAS Counselor
 Michael Johnson, MA, LCMHC, Counselor / Morgan Olson, MA, LCAS, Part-time Counselor / Laura McCarthy, BA, BFA, Part-time SABER Recreational Therapist

SABER CLIENTS	Totals Through 6/30/2021	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Number of men admitted to SABER	702	18	32	32	32	32	32	32	32	52	64	64	64	64	64	60	28
Average number of clients served each week (in Treatment [3 months], Continuing Care [6 months], or Extended Continuing Care)	50.9	8.2	16.0	20.2	22.2	24.4	27.7	32.9	43.4	59.5	74	75.9	79.3	82.4	82.4	79.4	78.6
% completed the first 8 weeks successfully	91%	72%	100%	91%	91%	88%	88%	88%	94%	93%	93%	90%	90%	91%	94%	92%	100% (partial data)
% graduated from the 3-month Treatment (First 3 months of SABER)	85%	61%	88%	84%	90%	83%	85%	88%	91%	87%	83%	82%	85%	89%	90%	82%	86% (partial data)
% graduated from the 3-month Treatment and completed at least 3 months of Continuing Care	70%	39%	72%	66%	80%	73%	69%	66%	78%	70%	66%	69%	66%	77%	72%	69%	n/a
% graduated from the 9-month SABER program (graduated from Treatment and completed 6 months of Continuing Care)	56%	33%	44%	53%	75%	59%	50%	60%	69%	58%	52%	52%	49%	57%	47%	50% (partial data)	n/a
% SABER clients who completed the nine-month program and found employment	94%	100%	86%	95%	75%	90%	87%	100%	100%	100%	99%	100%	100%	100%	100%	100% (partial data)	n/a
Average point increase in clients' quality of life after 3 months (6-point increase indicates significance)	13.4	11.2	14.1	15.8	12.6	13.6	12.8	12.9	15.0	13.6	15.5	14.9	13.4	12.5	12.4	11.4	14.1 (partial data)
% African-American; % Caucasian; % Latino; % Native American; % Mixed Ethnicity	70; 25; 2; 1; 2	78; 22; 0; 0; 0	88; 9; 0; 0; 3	75; 25; 0; 0; 0	88; 12; 0; 0; 0	84; 16; 0; 0; 0	88; 9; 3; 0; 0	81; 3; 3; 3; 10	75; 19; 3; 0; 3	73; 25; 0; 0; 2	64; 27; 3; 3; 3	69; 26; 3; 2; 0	64; 31; 3; 0; 2	56; 37; 2; 0; 5	58; 36; 0; 2; 5	62; 30; 7; 0; 1	75, 21, 0, 4, 0
Average age when admitted to SABER	44.2	43.9	39.8	43.3	42.1	45.8	44.6	42.8	46.0	45.4	46.7	44.5	42.9	43.8	43.2	44.0	48.2
Average years with alcohol/drug problems	29.6	28.8	23.9	26.9	27.5	30.9	31.2	29.3	32.8	30.7	30.5	28.9	27.9	30.4	29.2	29.7	34.9

SABER CLIENTS	Totals Through 6/30/2021	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Were homeless when admitted to SABER	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Were unemployed when admitted to SABER	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Have served time in jail or prison	88%	95%	94%	91%	85%	91%	91%	91%	88%	88%	89%	79%	86%	89%	82%	84%	86%
Average time spent incarcerated in years	4.5	3.7	3.7	3.1	3.9	3.8	2.6	6.3	5	6.1	4.5	3.9	5.7	4.5	3.5	3.9	6.9
Have been convicted of a felony	60%	62%	No data	No data	68%	69%	55%	69%	50%	62%	55%	52%	66%	61%	58%	54%	58%
Served in the USA Military	7%	28%	10%	7%	7%	10%	16%	9%	10%	8%	9%	5%	3%	2%	6%	2%	14%
Were HIV positive	5%	6%	13%	3%	3%	3%	6%	3%	3%	4%	5%	3%	2%	5%	6%	8%	7%
Had not obtained high school diploma nor GED	22%	15%	21%	25%	21%	37%	28%	31%	22%	27%	16%	17%	17%	24%	21%	9%	29%
Obtained a GED	28%	28%	38%	28%	16%	22%	22%	31%	19%	27%	31%	31%	30%	28%	27%	33%	25%
Obtained a high school diploma	50%	57%	41%	47%	63%	41%	50%	38%	59%	46%	53%	52%	53%	48%	52%	58%	46%
Obtained additional technical training	43%	50%	41%	38%	41%	28%	47%	47%	38%	38%	48%	44%	42%	38%	39%	50%	57%
Obtained some college training	33%	23%	35%	32%	32%	32%	22%	34%	22%	23%	36%	47%	34%	41%	25%	37%	46%
Obtained a four-year college diploma	5%	6%	0%	0%	0%	10%	7%	6%	3%	4%	6%	3%	5%	5%	5%	12%	4%
Experienced physical abuse	45%	45%	57%	44%	57%	38%	19%	50%	38%	56%	27%	42%	53%	50%	47%	53%	32%
Experienced sexual abuse	27%	23%	19%	47%	32%	22%	19%	34%	19%	17%	20%	25%	28%	31%	34%	25%	32%
Experienced emotional or verbal abuse	54%	28%	72%	53%	75%	50%	50%	72%	57%	63%	56%	45%	47%	59%	53%	50%	32%
Experienced neglect	37%	17%	41%	50%	60%	22%	44%	38%	28%	35%	31%	28%	31%	31%	47%	48%	36%
Experienced the absence of at least one parent	63%	73%	75%	63%	72%	63%	57%	81%	57%	38%	53%	48%	66%	72%	80%	70%	57%
Experienced physical health problems	55%	78%	53%	54%	60%	66%	53%	53%	60%	58%	64%	58%	44%	44%	50%	53%	54%
Experienced one or more co-occurring mental health disorders besides addiction	90%	78%	75%	83%	94%	85%	91%	97%	94%	94%	81%	89%	84%	97%	97%	87%	89%
Experienced two or more co-occurring mental health disorders besides addiction	70%	56%	47%	47%	69%	66%	88%	66%	63%	79%	61%	73%	69%	78%	79%	70%	64%
Experienced three or more co-occurring mental health disorders besides addiction	51%	34%	25%	41%	53%	35%	63%	50%	41%	48%	47%	53%	56%	57%	62%	55%	50%
Experienced four or more co-occurring mental health disorders besides addiction	31%	28%	3%	22%	41%	19%	38%	25%	22%	31%	17%	39%	31%	43%	43%	30%	32%
Experienced personality disorders	69%	67%	50%	44%	69%	66%	85%	81%	82%	75%	63%	70%	67%	75%	76%	57%	68%
Experienced depressive disorders	55%	44%	41%	60%	57%	38%	57%	50%	47%	56%	52%	55%	51%	64%	60%	58%	64%
Experienced anxiety disorders	56%	23%	47%	47%	57%	41%	47%	53%	41%	58%	41%	59%	61%	63%	75%	70%	50%
Experienced Posttraumatic Stress Disorder	42%	17%	19%	35%	47%	19%	38%	53%	32%	56%	25%	47%	46%	48%	51%	55%	43%
Experienced Bipolar Disorder	13%	11%	3%	6%	22%	6%	19%	22%	19%	12%	9%	9%	20%	14%	13%	13%	14%
Experienced Specific Phobias	15%	12%	28%	25%	38%	22%	13%	16%	10%	15%	14%	8%	18%	11%	16%	7%	7%
Experienced Panic Disorder	8%	0%	3%	13%	6%	3%	0%	6%	3%	4%	6%	8%	10%	10%	27%	7%	4%
Experienced psychotic disorders	3%	0%	3%	0%	3%	9%	13%	6%	0%	0%	2%	2%	0%	3%	8%	0%	0%